

## PREPARING FOR RAMADAN

Written by Eveen and Heleen

As Muslims, we should prepare for Ramadan so we can fast without struggling. The month that comes before Ramadan is Rajab. In this month, this is where we can practice and be ready for Ramadan. Preparing for Ramadan can be done in different ways. To prepare for Ramadan you can fast a day or two before to get used to the feeling. Doing this makes it way easier to fast especially if you never fasted or it'd be hard to fast. Fasting a few days before is also good for suhoor because you get used to the feeling of waking up early.



Rajab is the one of the months in the Islamic calendar and happens to be before Ramadan. This gives us a chance to prepare for Ramadan. We should always take the chance to prepare as much as we can because Ramadan is a very important month and we should try our BEST to avoid sins while fasting during Ramadan. Each day of the month is a new time for iftar (Breaking the fast) so you should get a calendar that says the times of when iftar will be so you do not end up breaking your fast at the wrong time. To break your fast it is sunnah to break your fast with dates so when you go ramadan shopping grab some delicious dates! You should get used to breaking your fast with dates just like the Prophet Muhammad (SAS). Inshallah, this will help you prepare for Ramadan!!

## RAMADAN

Written by Mikayla Artwork by Mikayla

Ramadan is a sacred month for Muslims. This year it begins March 1st. It is the month when Angel Jibreel revealed the first verses of the Quran to Prophet Muhammad (SAS). It is a month to focus on appreciating the little blessings in life, even as small as being able to talk, breathe, and walk.

Fasting is when Muslims fast from before Fajr (the morning prayer) until Maghrib (the evening prayer). Muslims do not eat or drink for the whole day. It is to appreciate what we have and what the poor don't have.

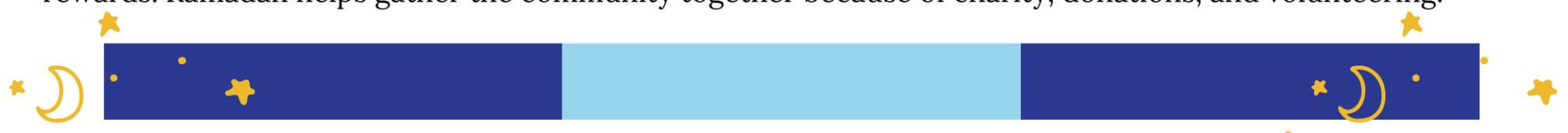
In Ramadan, Muslims especially should not sin because good deeds count extra. They should not sin because it can break your fast. Muslims try to do extra good deeds in Ramadan, like helping the poor, pray extra at the Masjid, reading the quran and helping the community.

Eid is the celebration that Muslims have after Ramadan. They have it as a reward of Ramadan, a month of fasting for Muslims, when they abstain from food and drinks.

رمضان



Ramadan helps gather community because Muslims have Eid prayers and Ramadan prayers that happen at the masjid. One of the prayers is Taraweeh, is gives Muslims a chance to grow closer to Allah and get extra rewards. Ramadan helps gather the community together because of charity, donations, and volunteering.



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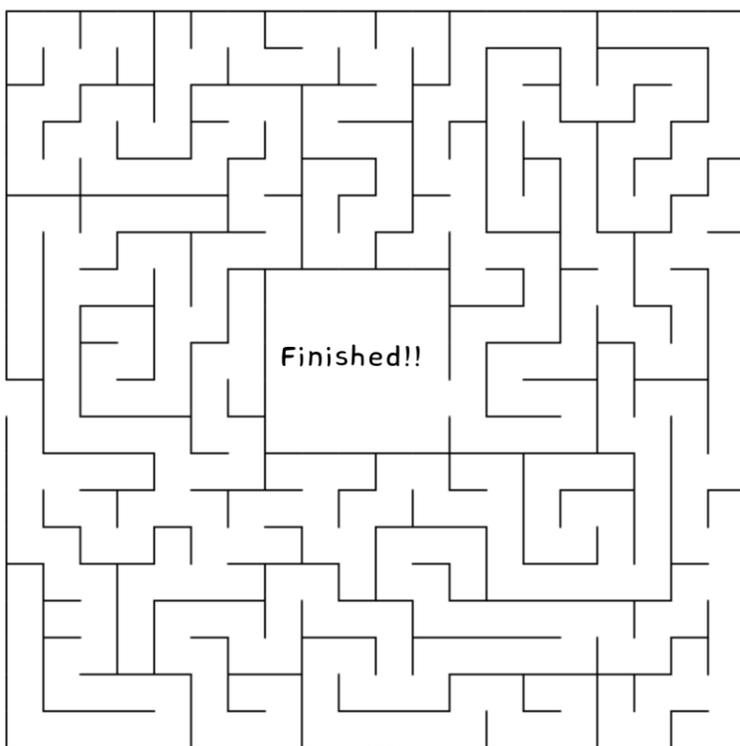
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# BRAIN GAMES



**Escape The Maze!!!**



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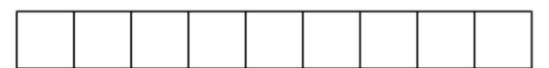
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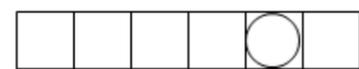
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**Double Puzzle!!!**

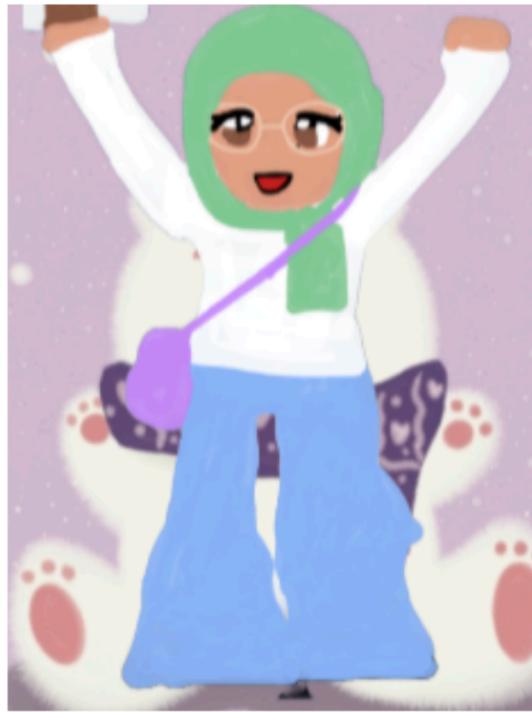


TOPIC OF INTEREST

# WINTER WEATHER TIPS

Written by Saffiya Artwork by Saffiya

If it is cold outside make sure you are dressed appropriately for the cold. If it is chilly outside wear 1-2 layers of clothes. Wear long comfy pants and make sure the shoes are snow boots. If you have been outside for a long time be aware of these things: Confusion, Shivering, Difficulty Speaking, Sleepiness, or Stiff Muscles. Those things are all signs of hypothermia so be careful while you are playing outside. In the winter you should check the weather for a snow storm so that you do not get caught in it.



## A MESSAGE FROM SISTER AMBER

Asalamu Alaikum Families and welcome to Quarter 3! Our 2024-2025 school year is moving quickly, and Quarter 3 will pass by before we know it. Please make sure you are checking your MySchool and WhatsApp through the week, checking your child's folders each night, and staying in touch with your child's teachers regarding Q3 progress. Through these busy weeks, we will also be ramping up grade-level skills to ensure your child is ready for their next grade level!

This month, TCA students will begin learning about and preparing for Ramadan. Please ensure you talk at home with your child to establish an understanding of fasting and to make a plan for exploring this topic if your child is ready. TCA supports families as they make decisions for full-day, half-day, partial day or non-fasting days. TCA encourages older students to fast and will be supportive of family decisions regarding fasting in Ramadan. Please make sure your child's teacher knows of your wishes and your child's intentions.

- Does your child plan to fast full-day or partial day?
- If your child wants to break their fast, do you want to be contacted or do they have some emergency food packed just in case?

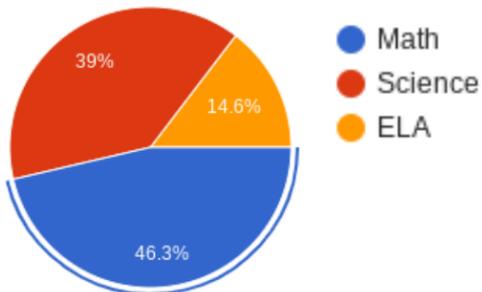
In Ramadan and in all academic matters, your child's teacher is here to support you and your student. Staying in touch is the best way to ensure your child's success In sha Allah!

# STUDENT POLLS

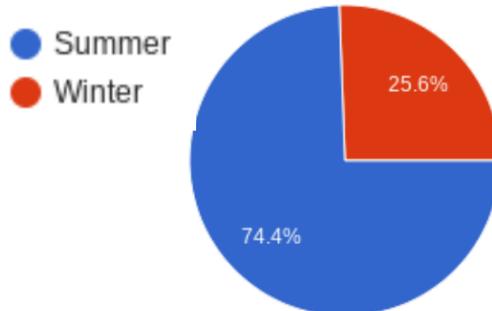
Written by Waary and Anshrah

Students of TCA were asked many questions to answer and these are the results.

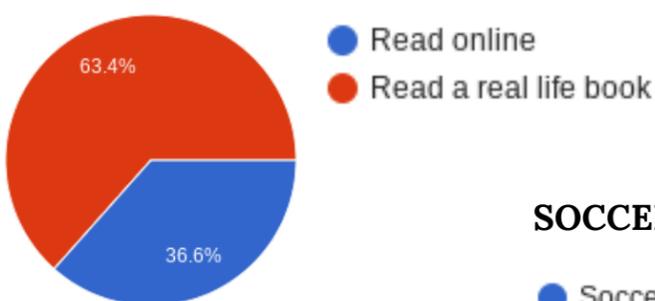
### WHICH SUBJECT DO YOU LIKE MOST?



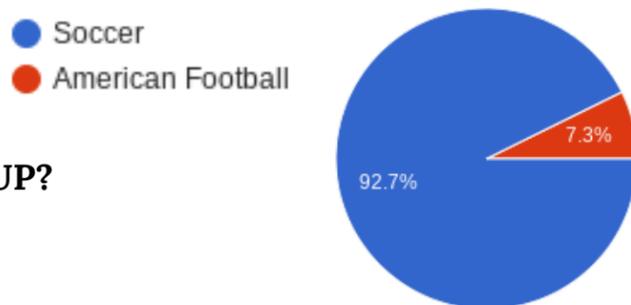
### SUMMER OR WINTER?



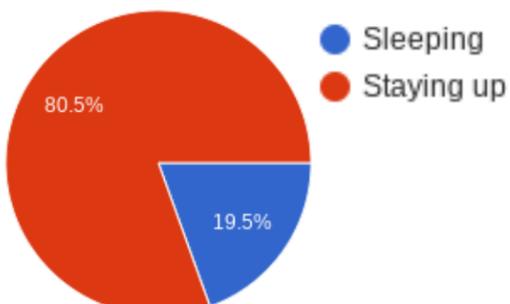
### READ ONLINE OR REAL LIFE BOOK?



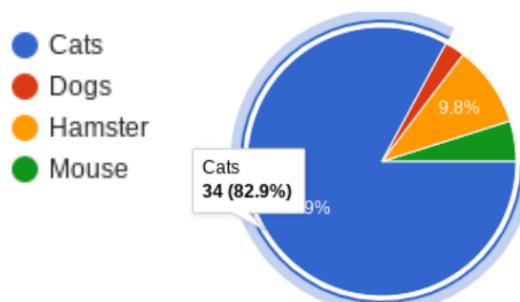
### SOCCER OR AMERICAN FOOTBALL?



### SLEEPING IN OR STAYING UP?



### WHICH ANIMAL DO YOU LIKE BEST?



## ISLAMIC STUDIES

## PROPHET MUSA

Written by Sener

Musa(AS) was born to the people of Israel(Bani Israel) in Egypt. Pharaoh, the king of Egypt, treated the people of Bani Israel as slaves and punished them without mercy.

At that time, the Bani Isra'il believed in Allah (SWT) and followed the teachings passed down through Prophet Ya'qub (AS) and Prophet Yusuf (AS). However, their suffering under Pharaoh's rule made life very difficult for them.

One day, Pharaoh had a dream that a young male from Bani Isra'il would come and destroy his kingdom. So he wanted all newborn males to be killed. Musa's mother was scared for her son's safety, so she placed Musa in a basket and set it in the Nile River. The pharaoh's wife, Asiya, saw the basket. She moved the blanket and found the baby Musa. She asked her husband to adopt him. Musa(AS) grew up in the Palace of the Pharaoh.

One day Musa(AS) was walking when he saw an Egyptian making fun of an Israelian slave. In anger, Musa hit the Egyptian, and the man died. When Musa realized what had happened, he ran away to a place called Madyan. There, he got married. and his life changed when he saw a burning bush on the Mount Sinai.

Allah(SWT) spoke to Musa(AS) and commanded Musa to go back to Egypt and free all the Israelites from slavery. Musa(AS) went back to Egypt to free the Israelites from slavery. After a series of signs and punishments from Allah (SWT), the Pharaoh finally agreed to let the slaves go. After that Pharaoh sent his army to go and kill all the believers of Allah(SWT) because he thought that there was no other god except him. Musa (AS) and his followers fled, eventually reaching the Red Sea. Trapped and thinking they were about to die.

Musa (AS), by Allah's command, struck his staff on the ground, and the Red Sea miraculously split into two. Musa and his followers made it through the sea safely but Pharaoh and his army drowned and returned to Allah(SWT) in disgrace.



## ISLAMIC HEROES

Written by Iraj

Who is she:

Ilhan Omar was Born in Solmania after fleeing the war she became a U.S citizen.and a politician and she also is a U.S representative for the Minnesota 5th district for 9 years since 2016. She was one of the first muslim women elected for congress.

What is her backstory:

Ilhan Omar was born in Somalia in 1981 and left the war with her family, spending years in a refugee camp in Kenya before moving to the U.S. in 1995.. In 2016, she was elected to the Minnesota state legislature, becoming the first Somali-American legislator there. In 2018, she made history as the first Somali-American woman, the first refugee, and one of the first Muslim women to be elected to Congress.



Why did she run for office?

Ilhan Omar is in office because she was elected to represent Minnesota's 5th Congressional District in 2018. She's a progressive leader and one of the first Muslim women in Congress. Omar is known for advocating for policies like healthcare reform and racial justice. She has been re-elected and continues to represent her diverse district. Some good things she has done are get better healthcare, also school education and racial justice. And she supports immigrant rights and social equality issues. She is an inspiration all around one of the first muslim women to be elected congress.

# WINTER SPORTS

Written by Lojain

## Ice Hockey

Ice skating is a popular sport. You can ice skate for fun or for competition. Figure skating is one of the most popular forms. Speed skating is all about racing on an oval track testing skaters on speed.

## Skiing

Skiing is a fun sport where you glide down mountains. In skiing you basically go down a mountain with skis. For skiing you put special boots that attach to the skis and you also have to wear a helmet for safety. Skiing is also a way to have fun in winter weather and get some exercise.

## Tubing

Tubing is an exciting winter sport. Tubing is where you ride a big inflatable tub. It is when you go up something like a mountain and you either sit on the tub or or lay backward or however you would like. Tubing might be scary but really fun

## Conclusion

To conclude these are sports to do in winter weather and to enjoy yourself. You can do any of the above or any other winter sport you like.



## TOPICS OF INTEREST

**JOKES AND RIDDLES**

Written by Jamillah and Zaina

**Riddles!**

1. The more you take, the more you leave behind. What am I?  
Answer: (Footsteps)
2. I speak without a mouth and hear without ears. I have nobody, but I come alive with the wind. What am I?  
Answer: (An echo)
3. What is full of holes but still holds water?  
Answer: (A sponge)
4. What has hands but cannot clap?  
Answer: (A clock)
5. What can travel around the world while staying in a corner?  
Answer: (A stamp)
6. What can you catch but not throw?  
Answer: (A cold)
7. What has a face and two hands but no arms or legs?  
Answer: (A clock)
8. What has a thumb and four fingers but is not alive?  
Answer: (A glove)
9. What is so delicate that saying its name breaks it?  
Answer: (Silence)
10. What can you break without touching it?  
Answer: (A promise)

**Jokes!**

1. Why did the math book look so worried?  
Answer: It had too many problems.
2. Why did the chicken join the band?  
Answer: Because it had drumsticks!
3. What do you get when you cross a snowman and a dog?  
Answer: Frostbite!
4. Why don't scientists trust atoms?  
Answer: Because they make up everything!
5. Why did the bicycle fall over?  
Answer: Because it was two-tired!
6. What did the janitor say when they jumped out of the closet?  
Answer: Supplies!
7. Why did the student eat his homework?  
Answer: Because his teacher said it was a piece of cake!

**Riddles!**  
and...  
**Jokes!**



Jokes and riddles are a fun way to make people laugh and think. Jokes are silly and can make everyone smile. While riddles are tricky questions that challenge your brain to figure out the answer. Also solving riddles can be exciting when you finally get the right answer! You can share jokes and riddles with friends or family to make them laugh.



# SCIENCE PROJECTS

Written by Nuur Nasir

If you love science experiments then this article is for you!

This article is for science-lovers. Everything in this article is science-related and full of exciting winter-y experiments that you can try at home!

## Snow Volcano

Here are some step-by-step instructions to building a Snow Volcano ( which is literally just a normal volcano but snow-y ) and watching it erupt! Make sure that an adult is with you! Safety first! Grab an empty plastic cup or bottle.

Add one tablespoon of dish soap into your cup or bottle.

Fill your cup or bottle halfway with baking soda.

Place your cup or bottle snugly into the snow.

Build a volcano around your cup or bottle. Make sure you can't see it.

When you're happy with your volcano now you can add food coloring for some color pop! ( optional )

Now, add vinegar to the bottle or cup and watch the science happen!

Enjoy as you watch your volcano erupt into the snow!

## Why does this happen?

Now that you've done the experiment, are you wondering how or why this works? Then read this section because you're about to find out!

So, when you mix the vinegar and baking soda it creates a chemical reaction. This chemical reaction causes the sodium bicarbonate ( the baking soda ) and the acetic acid ( the vinegar ) which when combined forms carbon dioxide and they bubble until they erupt like a volcano! That's science!

## Winter Lava Lamp

Do you have a lava lamp in your house? Have you ever wanted one of your own? Well, this is our next experiment! This is what you'll need to make a winter-y lava lamp! But, first things first, kids! Get adult supervision for this experiment too!

Grab a container for your lava lamp.

Fill the container  $\frac{1}{4}$  full with water.

Fill it with oil ( most popularly used is vegetable oil ).

Add food coloring of your choice ( recommended ).

Add decorations into it ( optional )

Add Alka-Seltzer tablets for fizzy-ness.

Enjoy your lava lamp!

Congratulations! You've made your own homemade lava lamp!

## Why does this happen?

Now that you've done this experiment too, are you wondering how this works too? Science is so interesting, don't you agree? Well, let me tell you.

When you add the Alka-Seltzer tablets it creates carbon dioxide gas bubbles that rise to the surface of the water and make the oil move around. The bubbles at the top pop, the gas escapes the glass, and the dense water sinks back to the bottom of the glass or jar depending on which type you used for this experiment.

Now you know how DIY lava lamps work too! How more cool could this get? Well, great news coming your way, it gets even more better!

## TOPICS OF INTEREST

## SCIENCE PROJECTS

Written by Nuur Nasir

## Snowstorm in a Jar

Are snowstorms pretty to you? Do you like when snowflakes scatter everywhere? How about you trap that in a jar?

Do this experiment if you're interested! You'll also want to call an adult for this too! Just to be safe!

Pour water in a jar until there is about  $\frac{1}{2}$  inches of water.

Next, add a tablespoon or two of white paint. You don't need to stir.

Now, slowly pour oil into the jar until it is nearly full. Presumably baby oil because it will keep the mixture clear and not tint it a different color like vegetable oil.

Shake a bit of glitter ( silver, transparent, white, or sparkly are the best options but choose whatever you like ) into the jar.

When you are ready, break an Alka-Seltzer tablet into many pieces. Drop one inside and watch as the snowstorm begins! When it ends, drop another one in to repeat the storm! Have fun!

## How does this work?

Now, it's time to learn the science behind this experiment and how it works. Don't worry, I'm not going to keep you waiting any longer. Let's go!

So, how this works is that once you add a piece of a broken Alka-Seltzer tablet it interacts with the water which creates pressure in an upward direction. But, the thing is, the oil pushes it back down so it doesn't really go anywhere. This is what creates the snowstorm in a jar experiment. Pretty cool, right?

## Homemade Ice Cream

Okay, okay. I know most people don't eat ice cream in the winter. But, it's delicious! Cold and cold go perfectly together! So, let's make some ice cream with ingredients at home or maybe not. First, ask an adult for help.

Grab some half and half, sugar, and vanilla extract. You could also add sprinkles and syrup if plain vanilla is not your favorite.

Combine these ingredients into a Zip-Lock bag. You could also double bag it so it doesn't leak.

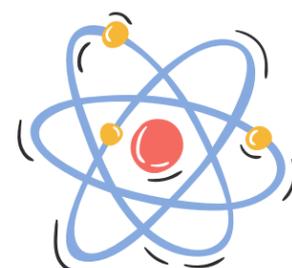
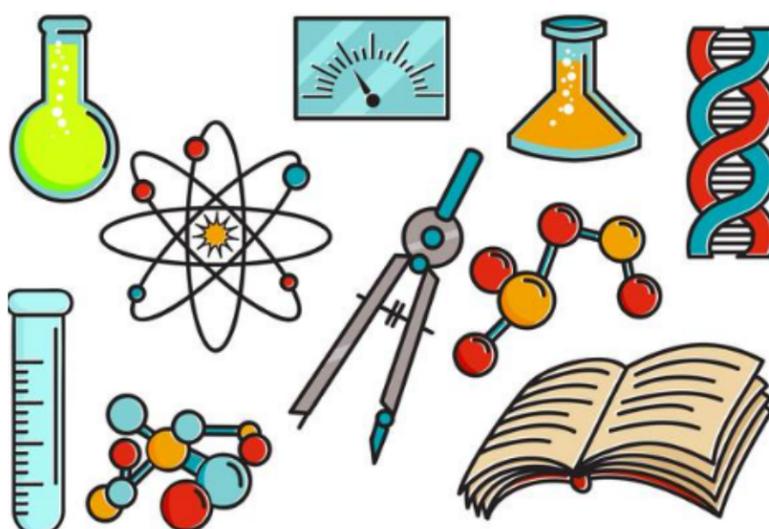
Now, add a few cups of ice and  $\frac{1}{2}$  cup of rock salt in the bottom of a can. Make sure this can still has a lid!

Now, put the Zip-Lock bag inside the can and fill the remaining space at the top with more ice and rock salt.

Put the lid on the can and start shaking. If the ice melts add more. Once you see that the ice cream in the bag has hardened you can take it out, serve, and enjoy!

## How does this work?

Okay, now that you've got your treat you still want to learn how it's done. Am I right? Well, the salt in the can lowers the melting temperature of the ice. This lets you be able to shake the can long enough for the ice cream to harden turning it into your own homemade delicious ice cream. The more salt you add, the colder the temperature. This will result in a faster freezing ice cream! You can experiment and each person can put a different amount of salt and see whos' freezes faster!



TOPICS OF INTEREST

**BOOK RECCOMENDATIONS**

Written by Mariam

In this article, we will talk about good book recommendations that you could read over the weekends or over a school break. If anybody who is reading this article doesn't know what book to read next, then this is the right place to be!

Some books that I think are good are:

Our Friend Hedgehog, A Place To Call Home.

Written and illustrated by Lauren Castillo.

This book is about a hedgehog who goes on a journey to find a new home.

Heartwood Hotel, The Greatest Gift.

Written by Kallie George and illustrated by Stephanie Graegin.

This book is about a mouse who wants to find her place in the world.

Owl Moon.

Written by Jane Yolen and illustrated by John Schoenherr.

This book is about a young child and his father who go on a journey through the woods

Blizzard.

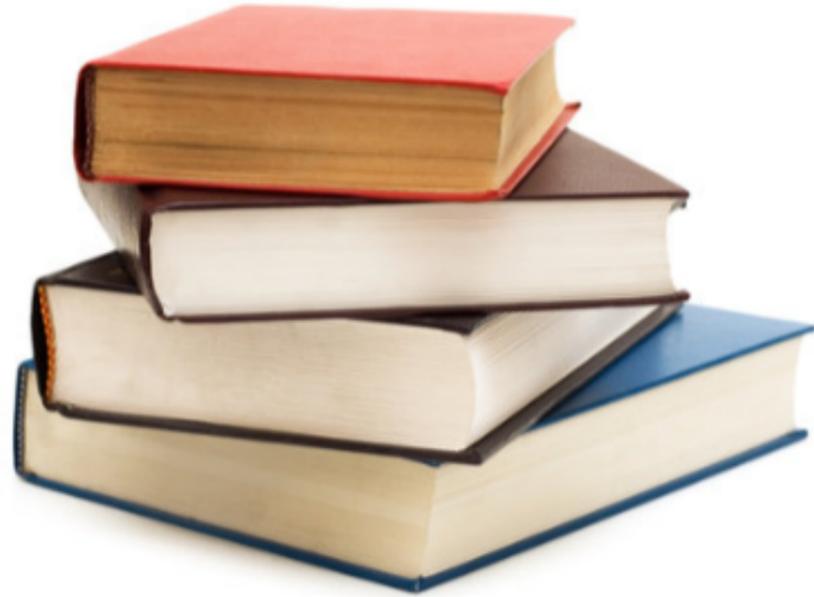
Written and illustrated by John Rocco.

This book is about a boy and his family caught in a massive snowstorm.

The Snow Child.

Written by Eowyn Ivey.

This book is about 2 people who live in a remote area in Alaska.



Narnia, The Lion, The Witch, And The Wardrobe.

Written by C.S. Lewis and illustrated by Pauline Baynes.

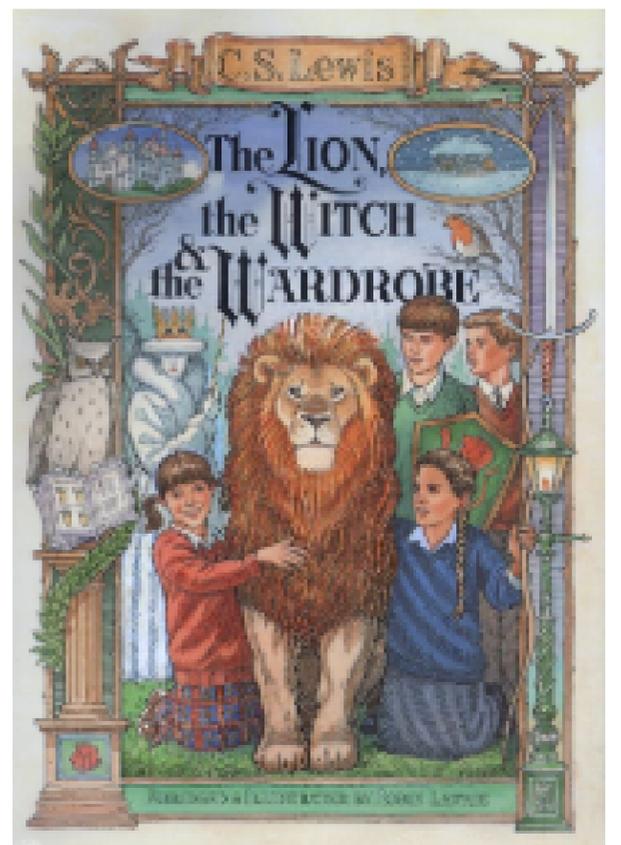
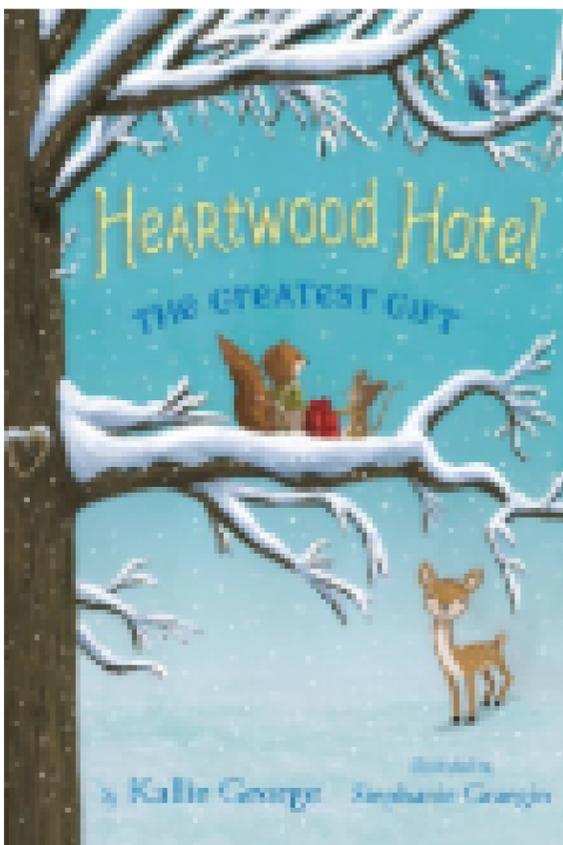
This book is about 4 siblings who are sent to the countryside during World War II.

Once Upon A Snowstorm.

Written and illustrated by Richard Johnson.

This book is about a little boy who gets lost in a snowstorm.

These are the books that I think are good for reading over the weekend or during break. I hope you think the same!



TEACHER HIGHLIGHT

# SISTER ISSRA

Written by Waary and Even Photos provided by Sister Issra

Question #1: What's your favorite food?

Answer: Biryani

Question #2: What got you into teaching?

Answer: "I love working with children"

Question #3: What is your favorite place you have ever gone to?

Answer: "Disney World"

Question #4: What is your favorite drink?

Answer: "Chai"

Question #5: How many years have you fasted for ramadan?

Answer: "About 32 years"

Question #6: What do you like about the class you're teaching right now?

Answer: "I love working with younger kids"

Question #7: What do you usually break your fast with?

Answer: "Dates and water"

Question #8: What do you like about Kurdistan?

Answer: "Visiting family and the nature"

Question #9: What is your class learning right now?

Answer: "Math with the superkids"

Question #10: What is your favorite hijab color?

Answer: "I love all the colors, the only one's I don't like are red and yellow. I usually pick out a tan hijab."



## SISTER ISSRA

Sister Issra was hired back in May of 2024 she was supposed to come on June 1st but instead since the brother Rob gym field trip was coming up. They needed all the help they could get so they hired her early! Sister Issra teaches kindergarten. She loves working with little kids. Sister Issra is a very kind hearted person.

